**Whole School RSHE/PSHE Audit Tool - Secondary**

**Are you ready for Relationships, Sex and Health Education?**

**Quick Audit**

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| **Section 1**  |  | **Yes** | **In** **development** | **Not** **started** | **Comments/Actions** |
| **Policy & Preparation** | * Do you have a PSHE policy?
* Has it been updated to reflect new guidance?
* Does your policy reflect the needs of your setting?
* Is there a named lead for PSHE
* In the development of policy do you consult with:

 Parents Students Teachers* Do you know what RSE students have covered in primary school?
* Does your policy consider:
* SEN needs
* Faith & religion
* Parental withdrawal from sessions
 |  |  |  |  |
| **Section 2 Content** | Do you have good quality resources in place to support:Do resources link to SMSC & British values?Do RSE resources consider the following:* Young people make informed decisions about life.
* Focus on relationship with on-line world
* LGBT issues
* Range of relationships including; friendship, family, working, intimate.
* Legislation in relation to sexual harassment, rape, pregnancy choices, contraception.
* Links between relationships & mental wellbeing
* Sexuality and sexual orientation
* Self-respect, confidence & self-esteem
* Discernment of healthy/unhealthy relationships.
* Identifying distorted, harmful information.
* Self-control, goal setting, tenacity, resilience, managing challenges, honesty, integrity, sense of justice
* Grooming, sexual exploitation, FGM, honour-based violence
* Internet safety, storage and use of data, social media, business use of data, potential for exploitation.

**Physical Health & Mental well-being*** Have you given consideration to:
* Student understanding of physical and mental well being
* Recognising health issues and how to deal with them
* The links between physical and mental health
* Self-regulation of behaviour
* Reduction of stigma towards health issues
 |  |  |  |  |
| **Section 3 Progress** | Do you have measures in place to review development and progress of students in relation to RSE and Health? |  |  |  |  |
| **Sections 4****School Ethos** | Do you have a “whole school” approach to PSHE?Are there timetabled lessons for all year groups?Do you gather data from students to gain insight to needs and how best to meet those needs?  |  |  |  |  |