**Whole School RSHE/PSHE Audit Tool - Secondary**

**Are you ready for Relationships, Sex and Health Education?**

**Quick Audit**

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| **Section 1** |  | **Yes** | **In**  **development** | **Not**  **started** | **Comments/Actions** |
| **Policy & Preparation** | * Do you have a PSHE policy? * Has it been updated to reflect new guidance? * Does your policy reflect the needs of your setting? * Is there a named lead for PSHE * In the development of policy do you consult with:   Parents  Students  Teachers   * Do you know what RSE students have covered in primary school? * Does your policy consider: * SEN needs * Faith & religion * Parental withdrawal from sessions |  |  |  |  |
| **Section 2 Content** | Do you have good quality resources in place to support:  Do resources link to SMSC & British values?  Do RSE resources consider the following:   * Young people make informed decisions about life. * Focus on relationship with on-line world * LGBT issues * Range of relationships including; friendship, family, working, intimate. * Legislation in relation to sexual harassment, rape, pregnancy choices, contraception. * Links between relationships & mental wellbeing * Sexuality and sexual orientation * Self-respect, confidence & self-esteem * Discernment of healthy/unhealthy relationships. * Identifying distorted, harmful information. * Self-control, goal setting, tenacity, resilience, managing challenges, honesty, integrity, sense of justice * Grooming, sexual exploitation, FGM, honour-based violence * Internet safety, storage and use of data, social media, business use of data, potential for exploitation.   **Physical Health & Mental well-being**   * Have you given consideration to: * Student understanding of physical and mental well being * Recognising health issues and how to deal with them * The links between physical and mental health * Self-regulation of behaviour * Reduction of stigma towards health issues |  |  |  |  |
| **Section 3 Progress** | Do you have measures in place to review development and progress of students in relation to RSE and Health? |  |  |  |  |
| **Sections 4**  **School Ethos** | Do you have a “whole school” approach to PSHE?  Are there timetabled lessons for all year groups?  Do you gather data from students to gain insight to needs and how best to meet those needs? |  |  |  |  |